



## January 2017 Newsletter

### It's Here—Electronic Submittal of Injury & Illness Data



Effective Jan. 1, 2017, OSHA is issuing a final rule to revise its Recording and Reporting Occupational Injuries and Illnesses regulation. The final rule's new reporting requirements will be phased in over two years:

Establishments with 250 or more employees that are required to keep Part 1904 records must electronically submit some of the information from the three recordkeeping forms that they keep under Part 1904 (OSHA Forms 300, 300A, and 301) by July 1, 2017. These same employers will be required to submit

information from all 2017 forms by July 1, 2018 and by March 2nd each year after.

Establishments with 20-249 employees in certain high-risk industries must submit information from their 2016 Form 300A by July 1, 2017, and their 2017 Form 300A by July 1, 2018. Beginning in 2019 and every year thereafter, the information must be submitted by March 2nd.

OSHA will provide a secure website for the electronic submission of information. The website will include web forms for direct data entry and instructions for other means of submission (e.g. file uploads).

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### OSHA's Final Rule - General Industry Walking-Working Surfaces and Fall Protection (Published Nov. 17, 2016)

Effective January 17, 2017 - OSHA issued a final rule that updates its 44-year old general industry Walking-Working Surfaces standard to protect workers from slip, trip, and fall hazards. The rule also increases consistency in safety and health standards for people working in both general and construction industries. OSHA estimates the final rule will prevent more than 5,800 injuries a year.

"The final rule will increase workplace protection from those hazards, especially fall hazards, which are a leading cause of worker deaths and injuries," said OSHA Assistant Secretary Dr. David Michaels.

The rule's most significant update is allowing employers to select the fall protection system that works best for them, choosing from a range of accepted options.

As much as possible, OSHA aligned fall protection requirements for general industry with those for construction, easing compliance for employers who perform both types of activities.

#### So what does this mean to YOU?

The bulk of the rule goes into effect January 17th, 2017, so you need to ensure that you are in compliance with the changes. The rule benefits employers by providing greater flexibility in choosing a fall protection system. For example, it eliminates the existing mandate to use guardrails as a primary fall protection method and allows employers to choose from accepted fall protection systems they believe will work best in a particular situation.

Under the final rule, employers may choose

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*Training requirements and a timeline for implementation need to be looked at right away, although parts of the rule will be phased in*

## Electronic Submittal

For establishments with 20-249 employees that are required to report, OSHA estimates that it will take a typical employer about 10 minutes to create an account and another 10 minutes to enter the required information from the Summary of Work-Related Injuries and Illnesses (Form 300A).

For establishments with 250 or more employees, OSHA estimates that it will take a typical employer about 10 minutes to create an account, 10 minutes to enter the required information from the Summary of Work-Related Injuries and Illnesses (Form 300A), and 12 minutes to enter the required information for each injury or illness recorded on their Log and Injury and Illness Incident Report forms (Forms 300 and 301).

Establishments must submit the information electronically and may **not** submit the information on paper. Employers who do not have the necessary equipment or internet connection may submit their data from a public facility, such as a library. OSHA also intends to provide an interface for entering data from a mobile device.

Read the full Final Rule here:

<https://www.osha.gov/recordkeeping/finalrule/>



## OSHA's 2016 TOP TEN Most Frequently Cited Violations

1. 1926.501 – Fall Protection
2. 1910.1200 – Hazard Communication
3. 1926.451 – Scaffolding
4. 1910.134 – Respiratory Protection
5. 1910.147 – Lockout/Tagout
6. 1910.178 – Powered Industrial Trucks
7. 1926.1053 – Ladders
8. 1910.212 – Machine Guarding
9. 1910.305 – Electrical, Wiring Methods
10. 1910.303 – Electrical, General

## Final Rule Walking-Working Surfaces

from the following fall protection options:

- Guardrail System
- Safety Net System
- Personal Fall Arrest System
- Positioning System
- Travel Restraint System
- Ladder Safety System

### Is any part of the rule phased in?

Training requirements and a timeline for implementation need to be looked at right away, although parts of the rule will be phased in over different time lines:

#### 6 Months:

Ensuring exposed workers are trained on fall hazards.

Ensuring workers who use equipment covered by the final rule are trained.

#### 1 Year:

Inspecting and certifying permanent anchorages for rope descent systems.

#### 2 Years:

Installing personal fall arrest or ladder safety systems on new fixed ladders over 24 feet and on replacement ladders/ladder sections, including fixed ladders on outdoor advertising structures.

Ensuring existing fixed ladders over 24 feet, including those on outdoor advertising structures, are equipped with a cage, well, personal fall arrest system, or ladder safety system.

#### 20 Years

Replacing **all** cages and wells (used as fall protection) with ladder safety or personal fall arrest systems on all fixed ladders over 24 feet.

Read the full Final Rule here:

<https://www.osha.gov/walking-working-surfaces/index.html>



With the new year, comes new changes from National Safety Consulting. If you have not yet seen our newly formatted Safety Manual, you will in 2017! The back half of 2016 was spent giving the safety manual a complete overhaul, and working towards updating retained clients who were due a current manual. The

2017 resolution is to finish up on those of you who may be backlogged, and as retainers are updated, getting the new manuals out to you.

As with the previous versions, you will be able to access your manual on our website anytime by logging in with your unique login and password. If you do not have a login, contact the Operations Assistant, Ginny so that she can get that to you.

[ginny@nationalsafetyconsulting.com](mailto:ginny@nationalsafetyconsulting.com)

**In the meantime, watch for your new, improved Safety Manual!**

# National Safety Consulting News

## 6 Months of OSHA Training

hosted by: **National Safety**  
CONSULTING

**Book your 10-Hour and/or  
30-Hour Class Today**



National Safety Consulting will be hosting Construction **OSHA 10-Hour courses monthly** and **OSHA 30-Hour courses every other month** through June 2017. With a minimum of 6 students, we will be hosting these classes here at our office in Chesterfield. This will give you the opportunity to get your employees (or yourself) trained, without having to try and meet the minimum required number on your own.

If for some reason we do not hit the minimum number of students needed in order to hold a class, we will contact you, and you will be the top of the list for the next scheduled class.

***Give us a call or email for payment information,  
and to get your classes booked!***

**(636) 532-2999 • [jeremy@nationalsafetyconsulting.com](mailto:jeremy@nationalsafetyconsulting.com)**

**OSHA 10-Hour - FIRST  
Thursday & Friday of  
the Month**

January 5th & 6th, 2017  
February 2nd & 3rd, 2017  
March 2nd & 3rd, 2017  
April 6th & 7th, 2017  
May 4th & 5th, 2017  
June 1st & 2nd, 2017

**OSHA 30-Hour -  
SECOND FULL Week of  
the Month  
8am - 4pm**

January 9th - 13th, 2017  
March 13th - 17th, 2017  
May 8th - 12th, 2017

## Quarterly Safety Reports

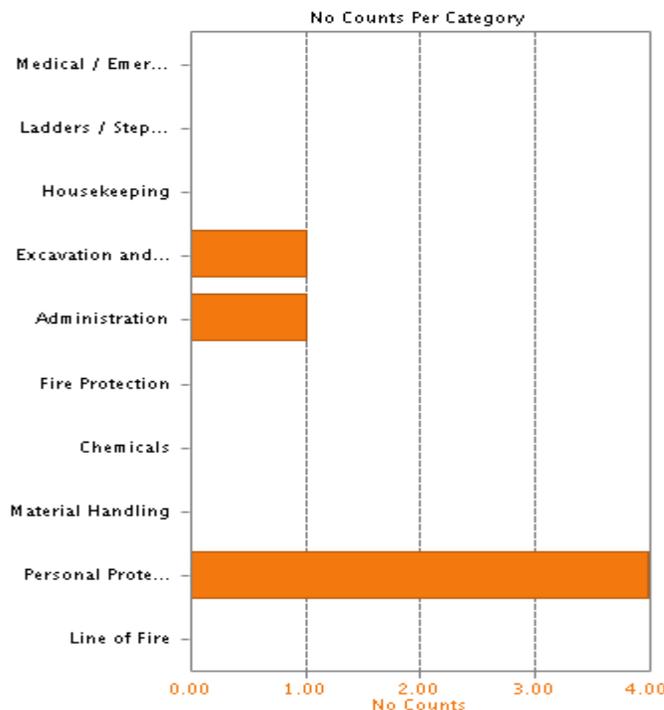
January will have Quarterly Safety Reports headed your way. These reports will email directly from Predictive Solutions, and will give you details on all the Unsafe conditions - by category - that were reported on your audits for the previous quarter.

The report will also show an unsafe condition trend for the previous year.

If you are receiving audits in Predictive Solutions, you should be receiving this Quarterly Report. If you are not receiving the report, you need to get in touch with Ginny so she can verify the correct email address(es) for you.

If you are NOT receiving your audits in Predictive Solutions, and want more information about how you can get converted in order to utilize these Quarterly Reports, contact Jeremy so he can get a meeting set in order to go over your options.

*Example of graphics taken from a Quarterly Report*



### Contact Us:



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# 6 Months of OSHA Training

hosted by: **National Safety CONSULTING**

## Registration Form



**Course Dates**

OSHA 10-Hour 8am - 2pm (2 days) \$180 p/person (Retained customers - \$160)			
	January 5th & 6th, 2017		April 6th & 7th, 2017
	February 2nd & 3rd, 2017		May 4th & 5th, 2017
	March 2nd & 3rd, 2017		June 1st & 2nd, 2017

OSHA 30-Hour 8am - 4pm (5 days) \$650 p/person (Retained customers - \$600)	
	January 9th - 13th, 2017
	March 13th - 17th, 2017
	May 8th - 12th, 2017

*Group Discounts available for 11+ participants registering together!*

### Select One Option:

**Individual Registration**

**Company Registration**

Name: \_\_\_\_\_  
First Last

Company Name: \_\_\_\_\_

Address: \_\_\_\_\_  
 \_\_\_\_\_

Address: \_\_\_\_\_  
 \_\_\_\_\_

Email: \_\_\_\_\_

Point of Contact: \_\_\_\_\_

Phone Number: (\_\_\_\_\_) \_\_\_\_\_

Email: \_\_\_\_\_

Reason for obtaining OSHA training: \_\_\_\_\_  
 \_\_\_\_\_

Phone Number: (\_\_\_\_\_) \_\_\_\_\_

Retained Client with NSC?  Yes  No

Number of Employees Attending: \_\_\_\_\_

### Payment Information

*Payment is due by the first day of class, and must be paid BEFORE a Certificate of Completion and/or an OSHA Training Card will be issued*

Cash/Check payable to National Safety Consulting Amount Due  
 Visa  MasterCard  Discover \$ \_\_\_\_\_

Card Number: \_\_\_\_\_

Exp. Date: \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_ Security Code: \_\_\_\_\_

Billing Address: \_\_\_\_\_  
Street Address City State ZIP

Name on card: \_\_\_\_\_

Authorized Signature: \_\_\_\_\_